

Teilnehmerliste

| Strecke | Start-Nr | Nachname | Vorname | Verein / Ort | Jahrgang | AK |
|-----------------|----------|---------------------|---------------|----------------------|----------|-----|
| 10.500 m | | | | | | |
| | 588 | Altenburg | Ute | TSV Kührstedt | 1969 | W35 |
| | 585 | Anders | Gerd | Fishtown Runners | 1957 | M50 |
| | 554 | Behrens | Wilfried | TSG Nordholz | 1953 | M55 |
| | 569 | Berft | Klaus | OSC Bremerhaven | 1941 | M65 |
| | 584 | Büse | Hans-Jürgen | Kreissparkasse OHZ | 1953 | M55 |
| | 544 | Dieckmann | Manfred | LG Nord Laufftreff | 1951 | M55 |
| | 547 | Engelmann | Kurt | TSV Sievern | 1963 | M45 |
| | 579 | Geissler-Grimme | Anja | Fishtown Runners | 1967 | W40 |
| | 570 | Gissel | Hanke | TSV Elmlohe-Marschk | 1955 | M50 |
| | 566 | Gottschalk | Heiko | Feuerwehr Bremerhav | 1943 | M65 |
| | 571 | Grewe | Birgit | TSV Neuenwalde | 1970 | W35 |
| | 578 | Grimme | Klaus | Fishtown Runners | 1967 | M40 |
| | 565 | Groth | Heike | TSV Neuenwalde | 1966 | W40 |
| | 564 | Groth | Manfred | TSV Neuenwalde | 1966 | M40 |
| | 549 | Heins | Thomas | Debstedt | 1967 | M40 |
| | 572 | Jacobs | German | Cuxhaven | 1969 | M35 |
| | 583 | Kaderhandt | Josef | Marathon Club Menden | 1947 | M60 |
| | 551 | Kanert | Heidi | LG Nord Laufftreff | 1958 | W50 |
| | 567 | Kramer-Gröhl | Ute | OSC Bremerhaven | 1963 | W45 |
| | 550 | Krempel | Torsten | TuS Dorum | 1971 | M35 |
| | 589 | Krooß | Angelika | TSV Bederkesa | 1960 | W45 |
| | 552 | Kück | Heinz | TSV Bremervörde | 1955 | M50 |
| | 582 | Lüdders | Willi | Bremerhaven | 1970 | M35 |
| | 581 | Melchin | Viola | Fishtown Runners | 1971 | W35 |
| | 586 | Naue | Torsten | LG Bremen-Nord | 1965 | M40 |
| | 575 | Neumann | Karl-Heinz | LG Bremen-Nord | 1945 | M60 |
| | 543 | Nevrela | George | LG Bremen-Nord | 1952 | M55 |
| | 559 | Nischler | Frank | FC Bremerhaven | 1962 | M45 |
| | 545 | Ogiewa | Horst-Dieter | Oldenburg | 1953 | M55 |
| | 548 | Regensdorf-Gloistei | Elke | LG Nord Laufftreff | 1956 | W50 |
| | 553 | Rinck | Claus Hinrich | Emder Ruderverein | 1969 | M35 |
| | 555 | Roloff | Reinhard | TSG Nordholz | 1946 | M60 |
| | 557 | Schneider-Endrowai | Gisela | MC Menden | 1952 | W55 |
| | 573 | Schönfeld | Werner | Misselwarden | 1963 | M45 |
| | 590 | Schröder | Gerhard | SV Rethem | 1952 | M55 |
| | 563 | Schröder | Marita | TSV Otterndorf | 1974 | W30 |
| | 580 | Schroeder | Wolfgang | Marathon Club Menden | 1963 | M45 |

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| 10.500 m | | | | | | |
| | 592 | Simon | Raimund | Langen | 1956 | M50 |
| | 587 | Sommer | Torsten | Midlum | 1969 | M35 |
| | 546 | Steilen | Hinrich | LG Nord Laufftreff | 1955 | M50 |
| | 577 | Streifling | Siegfried | TSV Mariensee | 1967 | M40 |
| | 561 | Tanski | Andre | Blumenthaler SV | 1964 | M40 |
| | 562 | Tietje | Wolfgang | TSV Mulsum v. 1919 | 1954 | M50 |
| | 576 | Velden | Frank | Fishtown Runners | 1977 | M30 |
| | 574 | Wittenberg | Sonja | Stubben | 1975 | W30 |
| | 591 | Zorn | Nico | TSV Wulsdorf | 1983 | MHK |

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|----------------|----------|--------------|--------------|-----------------------|----------|----------------|
| 5.300 m | | | | | | |
| | 59 | Bodenhagen | Frank | ohne Verein | 1963 | M45 |
| | 39 | Bösch | Michael | TuS Wremen 09 | 1976 | M30 |
| | 49 | Brunkhorst | Holger | TSR Ahrenswohde | 1969 | M35 |
| | 63 | Dedner | Christine | LG Bremen-Nord | 1963 | W45 |
| | 40 | Drossel | Tobias | OSC Bremerhaven | 1989 | männl. Jgd. A |
| | 42 | Drossel | Torben | OSC Bremerhaven | 1992 | männl. Jgd. B |
| | 8 | Dücker | Manfred | TSV Mulsum v. 1919 | 1952 | M55 |
| | 55 | Eberlein | Hans-Georg | ATS Cuxhaven | 1936 | M70 |
| | 28 | Engelmann | Volker | TSV Sievern | 1991 | männl. Jgd. B |
| | 31 | Engelmann | Sören | TSV Sievern | 1995 | Schüler B |
| | 43 | Härtel | Rüdiger | OSC Bremerhaven | 1956 | M50 |
| | 53 | Henrich | Hannah | TSV Bremervörde | 1993 | Schülerinnen A |
| | 33 | Hetmann | Meik | Nordwind-Runners | 1960 | M45 |
| | 34 | Hetmann | Anja | Nordwind-Runners | 1964 | W40 |
| | 38 | Icken | Bernd | TSV Mulsum v. 1919 | 1964 | M40 |
| | 47 | Jagielki | Willy | TuS Wremen 09 | 1951 | M55 |
| | 61 | Kaderhandt | Anita | Marathon Club Menden | 1950 | W55 |
| | 30 | König | Norbert | ZDF Sportgruppe | 1958 | M50 |
| | 58 | Lüdders | Simone | GUSC | 1973 | W35 |
| | 45 | Lüdemann-Ahl | Heide | TuS Wremen 09 | 1956 | W50 |
| | 35 | Martens | Hans-Wilhelm | TSV Mulsum v. 1919 | 1944 | M60 |
| | 54 | Oberfeld | Reinhard | Bad Harzburg | 1948 | M60 |
| | 62 | Otten | Jens | ohne Verein | 1967 | M40 |
| | 57 | Probst | Michael | RW Cuxhaven | 1943 | M65 |
| | 32 | Putzig | Karin | TSV Otterndorf | 1951 | W55 |
| | 51 | Rackebrandt | Jochen | Laufftreff Leherheide | 1941 | M65 |
| | 50 | Rackebrandt | Volker | Bramel | 1946 | M60 |
| | 48 | Rau | Manfred | TSV Ottobrunn | 1966 | M40 |
| | 29 | Rodekuhr | Marcel | TSV Sievern | 1995 | Schüler B |
| | 60 | Schmick | Martina | GUSC | 1959 | W45 |
| | 56 | Schröder | Janosch | Marathon Club Menden | 1994 | Schüler A |
| | 36 | Schüßler | Rita | TuS Wremen 09 | 1947 | W60 |
| | 37 | Schüßler | Theodor | TuS Wremen 09 | 1944 | M60 |
| | 44 | Thiele | Tobias | OSC Bremerhaven | 1991 | männl. Jgd. B |
| | 41 | Tolkmet | Sven | TSV Wulsdorf | 1969 | M35 |
| | 64 | Wichmann | Kim | ohne Verein | 1994 | Schülerinnen A |

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|----------------|----------|------------|---------|--------------------|----------|----------------|
| 500 m | | | | | | |
| | 284 | Endrowait | Tjalf | TSV Mulsum v. 1919 | 2000 | Schüler D |
| | 286 | Krempel | Vinita | TuS Dorum | 2005 | Mädchen |
| | 287 | Rau | Marvin | OSC Bremerhaven | 2004 | Jungen |
| | 288 | Rau | Svenja | OSC Bremerhaven | 2000 | Schülerinnen D |
| 900 m | | | | | | |
| | 93 | Semrau | Marvin | TSV Mulsum v. 1919 | 1997 | Schüler C |
| | 92 | von Oesen | Yanneck | TSV Mulsum v. 1919 | 1999 | Schüler D |
| Wandern | | | | | | |
| | 558 | Staffhorst | Hermann | Oldenburg | 1940 | M65 |
| | 289 | Weigelt | Adolf | LG Bremen-Nord | 1939 | M65 |