

# Mulsumer Speckenlauf vom 25.07.2009

| Strecke         | Name                    | Vorname     | Verein / Ort          | Zeit     | Start-Nr |
|-----------------|-------------------------|-------------|-----------------------|----------|----------|
| <b>10.500 m</b> |                         |             |                       |          |          |
| <b>M70</b>      |                         |             |                       |          |          |
|                 | 1 Weigelt               | Adolf       | LG Bremen-Nord        | 00:57:05 | 631      |
|                 | 2 Kirchner              | Harald      | TV Langen             | 01:15:06 | 621      |
| <b>M65</b>      |                         |             |                       |          |          |
|                 | 1 Berft                 | Klaus       | OSC Bremerhaven       | 00:54:59 | 593      |
|                 | 2 Gottschalk            | Heiko       | Feuerwehr Bremerhav   | 00:56:42 | 653      |
| <b>W60</b>      |                         |             |                       |          |          |
|                 | 1 Reglin                | Marlene     | OSC Bremerhaven       | 01:18:58 | 639      |
| <b>M60</b>      |                         |             |                       |          |          |
|                 | 1 Roloff                | Reinhard    | TSG Nordholz          | 00:41:04 | 618      |
|                 | 2 Steringer             | Josef       | Fishtown Runners      | 00:48:36 | 641      |
|                 | 3 Honemann              | Jürgen      | LT Cluvenhagen        | 00:50:42 | 649      |
|                 | 4 Bellusci              | Giacomo     | Bremerhaven           | 00:52:31 | 616      |
|                 | 5 Nass                  | Kurt        | Bremerhaven           | 00:53:59 | 654      |
| <b>W55</b>      |                         |             |                       |          |          |
|                 | 1 Schneider-Endrowait   | Gisela      | MC Menden             | 00:48:21 | 627      |
|                 | 2 Protmann              | Ingrid      | VFL Wingst            | 00:48:47 | 614      |
| <b>M55</b>      |                         |             |                       |          |          |
|                 | 1 Behrens               | Wilfried    | TSG Nordholz          | 00:51:35 | 617      |
|                 | 2 Büse                  | Hans-Jürgen | HTG Schwanewede       | 00:58:04 | 651      |
| <b>W50</b>      |                         |             |                       |          |          |
|                 | 1 Gebhardt              | Brigitte    | Fishtown Runners      | 01:03:59 | 644      |
|                 | 2 Regensdorff-Gloistein | Elke        | Lauftreff Bremen-Nord | 01:06:20 | 597      |
| <b>M50</b>      |                         |             |                       |          |          |
|                 | 1 Brauns                | Uwe         | OSC Bremerhaven       | 00:43:35 | 623      |
|                 | 2 Thiel                 | Erich       | LT TV Schwanewede     | 00:45:49 | 637      |
|                 | 3 Lopez                 | Manuel      | TSG Nordholz          | 00:49:10 | 650      |
|                 | 4 Heinemeyer            | Jürgen      | Bad Bederkesa         | 00:50:29 | 610      |
|                 | 5 Klitsch               | Gustav      | TSV Sievern           | 00:56:45 | 611      |
|                 | 6 Steilen               | Hinrich     | Lauftreff Bremen-Nord | 00:57:20 | 568      |
|                 | 7 Kück                  | Heinz       | TSV Bremervörde       | 00:59:06 | 622      |
|                 | 8 Gahl                  | Lothar      | TSV Otterndorf        | 01:08:02 | 609      |

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| <b>M45</b>      |                |           |                       |          |          |
| 1               | Hetmann        | Meik      | Nordwind Runners      | 00:39:36 | 629      |
| 2               | Friedenberg    | Bernhard  | LG Bremen-Nord        | 00:40:16 | 642      |
| 3               | Nischler       | Frank     | FC Bremerhaven        | 00:40:34 | 620      |
| 4               | Bodenhagen     | Frank     | Loxstedt              | 00:41:40 | 601      |
| 5               | Tanski         | Andre     | Blumenthaler SV       | 00:42:26 | 632      |
| 6               | Margaritis     | Michael   | OSC Bremerhaven       | 00:44:10 | 630      |
| 7               | Bannies        | Holger    | LT TV Schwanewede     | 00:45:06 | 635      |
| 8               | Deppe          | Jörg      | Roadrunner Ritterhude | 00:51:16 | 645      |
| 9               | Schröder       | Wolfgang  | Marathon Club Mende   | 00:52:46 | 638      |
| 10              | Arendt         | Wolfgang  | LT TV Schwanewede     | 00:53:50 | 647      |
| 11              | Simon          | Michael   | Schiffdorf            | 00:59:15 | 600      |
| <b>W40</b>      |                |           |                       |          |          |
| 1               | Groth          | Heike     | TSV Neuenwalde        | 00:50:12 | 626      |
| 2               | Geißler-Grimme | Anja      | Fishtown Runners      | 00:53:49 | 655      |
| 3               | Schultz        | Susanne   | Stuhr-Seckenhausen    | 00:54:17 | 599      |
| 4               | Kahl           | Ilka      | Lauftreff Bremen-Nord | 01:01:23 | 598      |
| <b>M40</b>      |                |           |                       |          |          |
| 1               | Naue           | Torsten   | LG Bremen-Nord        | 00:36:53 | 648      |
| 2               | Willig         | Jörg      | LG TV Schwanewede     | 00:40:32 | 636      |
| 3               | Fuchs          | Stefan    | TV Schwanewede        | 00:42:07 | 646      |
| 4               | Langhorst      | Thomas    | Marathon Club Bremen  | 00:43:58 | 613      |
| 5               | Heins          | Dirk      | TSV Otterndorf        | 00:44:03 | 615      |
| 6               | Heins          | Thomas    | TSV Debstedt          | 00:45:55 | 619      |
| 7               | Grimme         | Klaus     | Fishtown Runners      | 00:46:25 | 656      |
| 8               | Wielandt       | Thomas    | GTV Bremerhaven       | 00:48:17 | 640      |
| 9               | Groth          | Manfred   | TSV Neuenwalde        | 00:50:11 | 625      |
| 10              | Tillmanns      | Wolfgang  | TSV Otterndorf        | 00:52:38 | 634      |
| 11              | Wittkuhn       | Kim Lars  | LG Bremen-Nord        | 01:01:21 | 652      |
| <b>W35</b>      |                |           |                       |          |          |
| 1               | Grewe          | Birgit    | TSV Neuenwalde        | 00:46:11 | 628      |
| 2               | Schröder       | Marita    | TSV Otterndorf        | 00:56:26 | 633      |
| <b>M35</b>      |                |           |                       |          |          |
| 1               | Römhild        | Andreas   | OSC Bremerhaven       | 00:38:23 | 624      |
| 2               | Scheidt        | André     | OSC Bremerhaven       | 00:41:04 | 643      |
| 3               | Frey           | Jürgen    | TSV Ihlienworth       | 00:44:59 | 608      |
| 4               | Krempel        | Torsten   | TuS Dorum             | 00:50:07 | 607      |
| 5               | Prehn          | Andreas   | Cuxhaven              | 00:52:06 | 605      |
| 6               | Ahl            | Thomas    | LAV Bokel             | 00:59:17 | 602      |
| <b>W30</b>      |                |           |                       |          |          |
| 1               | Schröder       | Sandra    | TSV Neuenwalde        | 00:41:39 | 595      |
| 2               | Schindler      | Christine | LAV Bokel             | 00:59:59 | 596      |